

Book Club Discussion Questions:

What was your favourite part of the memoir?

What did you find were the main themes of this memoir?

What role do sounds, smells, or routines play in the story?

How might this story change if it took place today?

How does the restaurant shape Rachel's childhood and her relationship with her family?

In what ways does the memoir show both the benefits and the burdens of family sacrifice?

How does Rachel's perspective on her parents change over the course of the book?

How does the memoir explore the tension between family duty and personal independence?

What emotions does the restaurant represent for Rachel, and do those feelings change over time?

Which moments in the book feel most painful or most hopeful, and why?

What do you think the title Restaurant Kid reveals about Rachel's identity and story?

If you are a child of (recent) immigrants or a first-generation Canadian, did you relate to her story and experiences in any way (do you think of yourself as a "Third Culture Kid"?)